

Basic Training in Motivational Interviewing for Probation Officers

December 3rd & 4th, 2008
At the Indiana Judicial Center
Indianapolis, Indiana

Presented by
Stephanie Troyer and Nicki Venable
Motivational Interviewing Network of Trainers

Motivational Interviewing is defined by Dr. William R. Miller and Dr. Stephen Rollnick, the founders of the approach, as “a client-centered directive method for enhancing intrinsic motivation for change by exploring and resolving ambivalence.”

Professionals around the world are now using a Motivational Interviewing approach to explore and resolve ambivalence for change. A growing body of research supports this method for eliciting and supporting change talk that leads to action. In a two day, interactive workshop, probation officers will learn the principles of Motivational Interviewing, the opening strategies, methods for eliciting “change talk”, and ways to roll with resistance. Most importantly, probation officers will be able to implement the 'Spirit of Motivational Interviewing' in their own professional setting. This workshop will provide a relaxed environment for learning, with opportunities for professional networking with others using Motivational Interviewing in a variety of settings.

Learning Objectives:

Upon completing the workshop, participants will be able to:

- Apply strategies for Rolling with Resistance
- Employ Methods for Eliciting Change Talk
- Use Motivational Interviewing effectively within a community supervision setting
- Recognize and avoid common communication errors
- Implement Motivational Interviewing skills as a member of a multi-disciplinary team

Instructors/Experience:

• Stephanie Troyer, BS, CADACIII, ICACII, NCACI, ICADC. Basic Enhancing Change Readiness via the use of Motivational Interviewing Elizabeth Fabiano, MCA & Frank Porporino, Ph.D., Advanced Motivational Interviewing Training Cathy Cole, MSSW, LCSW, Motivational Interviewing Network of Trainers Stephen Rollnick, Ph.D. & William Miller, Ph.D.

• Nicki Venable, BS, MS. Basic Enhancing Change Readiness via the use of Motivational Interviewing Elizabeth Fabiano, MCA & Frank Porporino, Ph.D., Advanced Motivational Interviewing Training Cathy Cole, MSSW, LCSW, Motivational Interviewing Network of Trainers Stephen Rollnick, Ph.D. & William Miller, Ph.D.

For more information: http://www.motivationalinterview.org/training/usaa_m.html#indiana

Basic Training in Motivational Interviewing

December 3-4, 2008

Indiana Judicial Center, Indianapolis

- WORKSHOP:** The workshop in Motivational Interviewing will be limited to 40 participants. Registration will be on a first-come basis, although the Judicial Center will give priority to registrants who work with supervision caseloads, have not had previous training in Motivational Interviewing, and work in a county without a problem solving court. Individual departments will be limited to two registrants to allow as many departments as possible to participate in the training. The Judicial Center will maintain a waiting list in case of cancellations for additional participants from a department. Probation officers who work with problem solving courts will have an opportunity to attend training in Motivational Interviewing in Spring 2009.
- REGISTRATION:** Complete the enclosed response form and fax it to the Indiana Judicial Center at 317-233-3367 by Friday, November 14th. Probation Officers will receive individual confirmation notice for the training.
- LOCATION:** Indiana Judicial Center, 30 S. Meridian Street, in downtown Indianapolis.
- HOTEL INFORMATION:** A limited block of overnight rooms have been reserved for the night of December 3rd at the Hampton Inn Downtown at a government rate of \$94.00 plus tax. They are available on a first come basis. For reservations, please call 317-261-1200 and reference the "Indiana Judicial Center- probation group" to receive our group rate. Reservations must be made no later than Monday, November 17th. The Hampton Inn Downtown is located at 105 S. Meridian Street, Indianapolis.
- EXPENSES:** The Center will not be able to cover the costs of overnight accommodations or mileage.
- MEALS:** Lunch will be provided by the Indiana Judicial Center on the first day only.
- AGENDA:**
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| <u>Wednesday, December 3</u>
8:30 a.m. - Registration | <u>Thursday, December 4</u>
8:30 a.m. - 4:30 p.m. Workshop |
| 9:00 a.m. – 4:30 p.m. Workshop | |

Please call the Indiana Judicial Center (317) 232-1313, if you have any questions regarding the MI workshop.

INDIANA JUDICIAL CENTER 30 S. Meridian Street, Suite 9000, Indianapolis, Indiana 46204-3564